



Baby/Patient Name: _____
 D.O.B.: _____
 Birth Weight: _____
 Last Weight Check: _____ Date: _____
 Pediatrician: _____
 Allergies: _____ Circumcision: Y N
 Vitamin K Injection? Y N Vitamin K Oral? Y N
 Any health issues: _____

What is your main reason/concern for appointment?

Does your baby have heart disease? Y N
 If yes: _____

Was your baby diagnosed with a tongue or lip tie? Y N
 Did baby have a frenotomy prior to today's visit? Y N
 If yes, when? _____ Provider: _____
 Baby had chiropractic or cranial sacral therapy? Y N

BABY'S SYMPTOMS

- Poor latch
- Falls asleep while nursing
- Slides off nipple when latching
- Colic
- Reflux symptoms (spitting up, gagging, or vomit)
- Poor/Slow Weight Gain
- Gumming or chewing nipple while nursing
- Unable to hold pacifier in mouth
- Breastmilk leaking from mouth, nose, or both
- Blisters on upper *and* lower lips
- Chronic burping, flatulence, hiccups
- Clicking noises or losing suction
- Choking or coughing on milk
- Longer than 20 minutes on each breast
- Distended or bloated belly
- Crease marks on upper lip after nursing
- Family history of tongue-tie? Y N

Mother's Name: _____
 D.O.B.: _____
 Allergies: _____
 Medications: _____
 Herbs/Supplements: _____
 Hormonal issues (thyroid, PCOS, infertility, etc.): _____

History of Abuse (sexual, physical, emotional): Y N
 Any complications in pregnancy (Diabetes, Premature Labor, etc.): _____

Number of Pregnancies? _____
 Number of Children? _____
 Breast surgery: Y N
 If yes: _____
 Did your breasts get bigger in pregnancy? Y N
 How many weeks was your pregnancy? _____
 Birth Experience (circle one): Vaginal C/S
 Vacuum-Assisted Forceps Delivery
 Any complications at the birth? _____

Any feelings of depression, anxiety, sadness?

If yes, tell us more _____

Does anyone in the home smoke? Y N
 Does anyone who sleeps with the babe use? Y N
 Alcohol
 Drugs
 Sleep Medication

MOM'S SYMPTOMS

- Creased, flattened, or blanched nipples
- Cracked, bruised, bleeding or blistered nipples
- Severe pain during nursing
- Poor or incomplete breast drainage
- Baby's suction feels weak
- Plugged ducts
- Mastitis or thrush of the nipple/breast
- Poor or incomplete milk transfer from you to baby
- One breast is more affected than the other
- Low milk supply
- Overactive let down
- Do you supplement with a bottle so baby?
- Use a nipple shield